



Pacific Terrace
HOTEL

Massage Therapy Services

CUSTOM MASSAGE Personalized massage including Swedish and Deep Tissue techniques to improve circulation, ease tension and rejuvenate stressed muscles. 50 min \$115 // 80 min \$155

PRENATAL For the mother-to-be this massage is sure to bring comfort and reduce physical stress on the spine and baby. Must be past first trimester of pregnancy. 50 min \$125 // 80 min \$165

REFLEXOLOGY Targeting pressure points throughout the body to align energy, improve circulation and encourage overall healing. 50 min \$125

AROMATHERAPY Essential oils are used to enhance physiological and physical well-being. Essential oil aromas are used to balance moods, elevate spirit, stimulate regeneration of tissue and stimulate nerves. 50 min \$125 // 80 min \$165

HOT LAVA SHELLS This unique treatment uses natural tiger clam shells recycled from the South Pacific. The combination of deep, nurturing, penetrating heat and Swedish-style massage strokes melts tension and helps you experience a deeper state of relaxation. 50 min \$135 // 80 min \$175

COUPLES MASSAGE This massage service for two includes your choice of Custom Massage enjoyed together. 50 min \$230 // 80 min \$310

Please dial in-house ext. 411 or call 858.356.2SPA for spa reservations.